Starting Strong with Goal-Setting Icebreakers

# Getting to know you and your goals (Icebreaker question list)

Introduce yourself, your past experience with the course topics, your understanding of this course, and your academic/career goals. Consider your ideas to the following questions.

## Past experience:

1. What did you learn from the previous semester that you want to apply or improve upon?
2. What was a big accomplishment you made in relation to your goals last semester?
3. What progress have you already made toward your final academic goal of completing your degree?

## Present: Goals and making progress for this course right now:

Class perception:

1. What do you find intimidating about the course?
2. What questions do you have about the course right now?

Engagement:

1. How often do you want to engage with classmates?
2. Do you want to complete more group work or more solo work this semester?
3. What kind of feedback do you like to receive about your progress and from whom do you prefer feedback (professors, peers, tutors, mentors, parents/family)?
4. Do you have a study buddy or group (or would you like to get one) to hold each other accountable and stay on track?

Individual Performance:

1. What are the most important skills you want to develop this semester?
2. What are the rewards you will give yourself for achieving your goals?
3. What information are you excited to learn more about in this course?
4. What will success look like for you in this course?
5. Do you have any gaps in knowledge that you specifically want to fill through this course?
6. Are there any new technical tools you want to use or learn this semester?
7. Are there specific performance indicators you can use to monitor/measure your progress in flight training?
8. If you are working in the field now, how can you apply the concepts of this course to your current job?

Study skills/Organization:

1. How much time do you plan to spend on this course each week?
2. What campus resources (e.g., library, tutoring services) do you plan to use this semester?
3. Are there specific tools or apps that can help you stay organized and on top of your tasks?

## Future:

1. What are your career goals?
2. How do you think this course will help you in your future classes?
3. How do you think this course will help you in your future career?
4. How might this course help you develop in your personal life?