Questions to Online Patient Visit Simulation 5

**Clinical Visit 5 Patient Information**

Your patient this week is: F. M. a 24-year-old female. Chief complaint of lower abdominal pain for 5 days.

PMH: Chalmydia 6 months ago, LMP 4 weeks ago

Family History: noncontributory

Social: Denies tobacco exposure or use, drinks 2 to 4 beers on the weekends, lives with a roommate and works as a preschool teacher. Does have a boyfriend but they are not monogamous. Admits to smoking marijuana once or twice a month.

Meds: NKDA, orthocyclin OCP 1 pill a day

You will have 45 minutes to “see” this patient. Once you “enter the room,” you must complete the visit.

**Question 1 (Short Answer):** Based on the patient’s presenting chief complaint and history given so far, provide a list of 10 possible differential diagnoses

**Question 2 (Essay):** What questions would you ask for the History of Present Illness (HPI)? You do not have to write in complete sentences but please be specific.
Question 3 (Essay): Pt. complains of lower abdominal pain for 5 days. Prior to today the pain had been in her lower bilateral abdominal area intermittent in nature on a scale of 2/10 to 6/10 and described as sharp to dull. She explains that she woke up this morning with nausea and generalized lower abdominal pain. She says she feels feverish and has not wanted to eat anything all day. She began vomiting about a half-hour ago, and the pain has shifted to the right side of her umbilicus. She does not want to move, because any movement or vibration is unbearably painful and is a 9/10.

Based on the HPI above, what can you exclude or add to the differential diagnoses list?

Question 4 (Essay): Based on the CC and HPI, what other ROS information would you like to know?

Question 5 (Essay): GI: Nausea for 3 hours unable to keep fluids or food down, vomiting X 2, has not eaten anything since last night. Denies any diarrhea or constipation. Last BM was soft, well formed yesterday.

GU: LMP: 2 days ago. Normal flow denies missing any OCP in the last 2 months. Denies any pain with sexual intercourse although she does admit not having sexual relations in the past 3 weeks either. Denies any vaginal discharge that is out of the ordinary. She admits to history of STI took all mediations as prescribed and had a test of cure that was negative. Although she is certain her partner is not monogamous with her.

Based on this ROS what are the top three remaining differential diagnosis on your list and why?
Developing Critical Thinking Skills through Online Simulations Created with Blackboard’s Testing Tool- Dr. Alicia K. Ribar & Vera Polyakova-Norwood